



**12/14/16, 16/18/20, 16/20/24 & 20/24/30**



### Included:

- 2x END PIECES
- 2x SIDE PIECES
- 1x BOTTOM PIECE
- 1x TOP PIECE
- 1x BAG OF (36) SCREWS W/ DRILL BIT
- 2x INTERNAL SUPPORT (20/24/30 only)

### Tools You Will Need:

- ELECTRIC DRILL OR SCREWDRIVER
- RUBBERT MALLET (OPTIONAL)



## 12/14/16, 16/18/20 & 16/20/24

### Step 1:

Arrange and lay out the 6 pieces as shown. Make sure the screw holes and BOUND logo are face down & handles are positioned correctly.



### Step 2:

Set aside the top center piece. Lift up & connect the two ends to the bottom piece.



### Step 3:

Lift up & connect the front (BOUND logo) & back to the bottom & end pieces. Continue to Step 6 on the last page.



**20/24/30**

**Step 1:**

Arrange and lay out the 8 pieces as shown. Make sure the screw holes and BOUND logo are face down & handles are positioned correctly.



**Step 2:**

Set aside the top center piece. Lift up & connect the two ends to the bottom piece.



**Step 3:**

Lift up & connect the back to the bottom & end pieces.



**Step 4:**

Insert the two support pieces in the open slots between the side pieces & into the bottom piece.

**Step 5:**

Lift up & connect the front (BOUND logo) to the bottom & end pieces.

**Note:** Make sure you place the support pieces into the slots on front & top pieces.





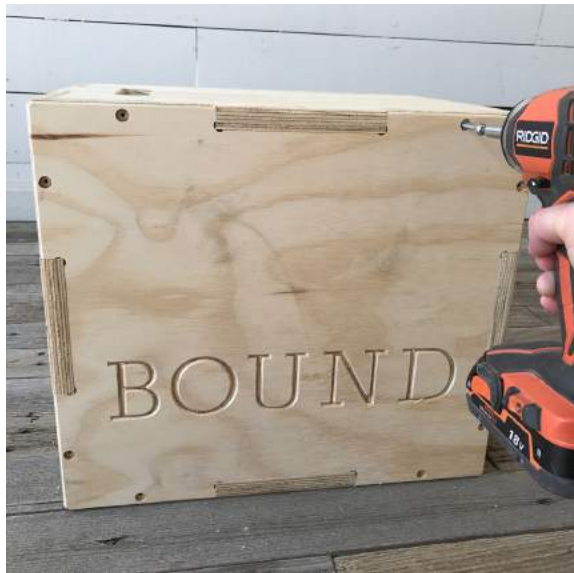
## Step 6:

Place the top piece on to complete assembly. **Note:** Make sure the top handle is aligned with the bottom handle.



## Step 7:

Attach provided drill bit to your drill or use a screwdriver to install screws on all sides. **Note:** We sent a few extra screws, so please don't be alarmed if you have a few left over.



**Congratulations! Your BOUND Plyo Box is now assembled & ready to use!**

### Happy Jumping!

Thank you for purchasing a BOUND Plyo Box. We specialize in producing strong plyo boxes in Tulsa, Oklahoma and we are proud to be Made in America.

Our plyo boxes are made with a premium grade plywood from Radiata Pine that is grown in sustainable forests.

An important distinction we strive to make is that our focus is only on making a superior plyo box and not on spreading our resources thin for the many other fitness categories that exist. This focused effort allows us to offer a superior box for a fair price.

We're happy to work with you to improve your home gym or commercial gym needing a whole set of custom branded boxes.

**Jason Sooter, Owner, Bound Plyo Box**  
**Made with Care & Craftsmanship in Tulsa, Oklahoma**

